



**TOWN OF PLYMOUTH  
BOARD OF HEALTH MEETING  
February 22, 2023 @ 4:00 PM  
MINUTES**

The following Board of Health meeting was held on Wednesday **February 22, 2023** at 4:00 PM via PACTV

**Present**

Teri Reid, MD, FAAP, Vice Chair  
Amy Palmer, MPH  
David Golden, MPA  
Lorenzo Pizarro, MBA  
Deb Zona, RN, MHA, CMCN, FACHE

**Department**

Karen Keane, Public Health Director

**Excused**

Barry Potvin, PhD, Professor Emeritus, Chair

**Agenda**

- Approval of Meeting Minutes from 1/25/2023
- Variance Request – 84 Palmer Rd – Kevin Flaherty
- COVID Update
- Medical Topics in the News
  - Narcan Nasal Spray
  - Norovirus
- Plymouth High School Student Reps - Bullying
- Board of Health Goals Update & Discussion
- Chamber of Commerce Update – David Golden
- Director’s Report
- Chairperson’s Announcements
- New/Old Business
- Adjournment

- *Disclosure: These minutes are not verbatim – they are the secretary’s interpretation of what took place at the meeting. – Open Meeting Law, G.L. c. 30A § 22.*
- *These minutes are a record as accepted by the Board of Health.*
- *All materials presented during this meeting are available in the Public Health Department.*
- *Administrative Business – May include topics not reasonably anticipated by the Chair 48 hours in*

**HYBRID PARTICIPATION IN-PERSON OR VIA ZOOM WEBINAR**

Pursuant to MA Senate Bill 2457 signed by Governor Baker on June 16, 2021, a second bill (H4345) signed by Governor Baker on February 12, 2022 and a third bill signed on July 16, 2022 which allow government bodies to continue to conduct meetings virtually until March 31, 2023, as long as members of the public can easily access the proceedings in real time and participate remotely, this meeting will be conducted both in person and via remote participation. Members of the public who wish to watch the meeting may do so in the following manner: tune into PACTV government cable access channels Comcast Channel 15 or Verizon Channel 47 and watch the meeting as it is aired live, or watch the meeting live on the PACTV website at: <https://www.pactv.org/pactv/towns/plymouth>. You may also watch when the show is replayed on pactv.org

**4:00 PM**  
Welcome

**4:01 PM – Approval of Meeting Minutes from 1/25/2023**

*On a motion by Amy Palmer and seconded by David Golden, the board unanimously voted to approve the minutes from 1/25/2023. Unanimous vote through rollcall: 5/0*

**4:06 PM – Variance Request – 84 Palmer Rd – Mark Flaherty**

*On a motion by Amy Palmer and seconded by David Golden, the board unanimously voted to approve the Variance Request for 84 Palmer Rd. Unanimous vote through rollcall: 5/0*

**4:13 PM – COVID Update**

- Booster Immunization Rates

#### **4:17 PM – Medical Topics in the News**

- Narcan Nasal Spray
- Norovirus

Dr. Reid shared that the FDA is considering recommending making Narcan Nasal Spray something that anyone can pick up at the drugstore. She explains that it's just as effective as the injectable Narcan.

Dr. Reid explained the symptoms of Norovirus (stomach flu) and details of the flu.

#### **4:20 PM – Bullying**

Dr. Reid gave the definition of bullying, the types of bullying, how common it is and shared a poll taken of the perception of the bullies from students who have been bullied. She also shared the incidence statistics in Massachusetts. Dr. Reid spoke about the statistics of bullying and suicide. These are some resources that Dr. Reid shared: [StopBullying.gov](http://StopBullying.gov) [SchoolSafety.gov](http://SchoolSafety.gov) "988" Suicide and Crisis hotline – available 24/7

#### **4:30 PM – Board of Health Goals Update and Discussion**

Amy Palmer shared information that she and Lorenzo Pizarro discussed. She came up with 5 suggestions of topics that they thought the Board Members could weigh in on – those are: Tobacco Regulations; PFAS; Cyanobacteria; F.O.G. Regulations and Title 5 Regulations. Amy Palmer suggested that the Board of Health have more meetings on education on what the Town of Plymouth has in place and what the State has in place for regulations and have discussions to decide what they, as the Board of Health, would like their role to be. Karen Keane mentioned that the Board might also want to think about and discuss the outdoor use of tobacco and environmental affects and causes - could the Board do something about that.

#### **4:44 PM – Chamber of Commerce Update – David Golden**

David Golden met with the Chamber of Commerce to open lines of communication with the Board of Health and updated them on things that the Board has been discussing. He let them know that there has been an uptick on tobacco violations in town; he mentioned the FOG regulations and the variances requested by town businesses that have been discussed in the Board of Health meetings.

#### **4:46 PM – Directors Report**

See attached

#### **4:58 PM – Chairperson's Announcements**

None

#### **4:58 PM – New/Old Business**

None

#### **4:59 PM – Adjournment**

*On a motion by Amy Palmer and seconded by Lorenzo Pizarro, the board voted to adjourn. Unanimous vote through rollcall: 5/0*