



**TOWN OF PLYMOUTH  
BOARD OF HEALTH MEETING  
March 8, 2023 @ 4:00 PM  
MINUTES**

The following Board of Health meeting was held on Wednesday March 8, 2023 at 4:00 PM via PACTV

**Present**

Barry Potvin, PhD, Professor Emeritus, Chair  
Teri Reid, MD, FAAP, Vice Chair  
Amy Palmer, MPH  
David Golden, MPA  
Lorenzo Pizarro, MBA

**Department**

Karen Keane, Public Health Director  
Margaret Coe, Health Agent

**Excused**

Deb Zona, RN, MHA, CMCN, FACHE  
(alternate)

**Agenda**

- Approval of Meeting Minutes from 2/8/23 & 2/22/23
- Grease Trap Variance – Vitamin Sea 98 Water St.
- COVID
- MA Legislative Update
- Tobacco FAQs
- Board of Health Goals Update & Discussion
- Director’s Report
- Chairperson’s Announcements
- New/Old Business
- Adjournment

- *Disclosure: These minutes are not verbatim – they are the secretary’s interpretation of what took place at the meeting. – Open Meeting Law, G.L. c. 30A § 22.*
- *These minutes are a record as accepted by the Board of Health.*
- *All materials presented during this meeting are available in the Public Health Department.*
- *Administrative Business – May include topics not reasonably anticipated by the Chair 48 hours in advance of the meeting.*

**HYBRID PARTICIPATION IN-PERSON OR VIA ZOOM WEBINAR**

Pursuant to MA Senate Bill 2457 signed by Governor Baker on June 16, 2021, a second bill (H4345) signed by Governor Baker on February 12, 2022 and a third bill signed on July 16, 2022 which allow government bodies to continue to conduct meetings virtually until March 31, 2023, as long as members of the public can easily access the proceedings in real time and participate remotely, this meeting will be conducted both in person and via remote participation. Members of the public who wish to watch the meeting may do so in the following manner: tune into PACTV government cable access channels Comcast Channel 15 or Verizon Channel 47 and watch the meeting as it is aired live, or watch the meeting live on the PACTV website at: <https://www.pactv.org/pactv/towns/plymouth>. You may also watch when the show is replayed on pactv.org

**4:00 PM**

Welcome

**4:01 PM – Approval of Meeting Minutes from 2/8/23 and 2/22/23**

*On a motion by David Golden and seconded by Teri Reid, the board unanimously voted to approve the minutes from 2/8/23. Unanimous vote through rollcall: 5/0*

*On a motion by David Golden and seconded by Teri Reid, the board unanimously voted to approve the minutes from 2/22/23. Approved: 4/0/1 (Golden, Reid, Donovan-Palmer & Pizarro – Yes / Potvin – Abstain due to absence)*

**4:08 PM – Grease Trap Variance Request – Vitamin Sea 98 Water St. Unit 102**

Property owner, Rick Vayo, presented the variance request. Due to the highwater table at that location, a full-sized 2000-gallon grease trap is not feasible. The establishment will generate foods that contain minimal fats, oils, or grease (FOG). Mr. Vayo stated the dishwasher and internal grease trap will take care of any FOG that may be generated. Karen Keane confirmed with the Board members that this variance applies *only* to Vitamin

Sea. David Golden asked if there were a change to the menu, would an approval by the Board of Health be necessary. Ms. Keane confirmed that it would be required as it may create a change in the FOG production.

*On a motion by David Golden and seconded by Amy Palmer-Donovan, the Board approved the variance request. Unanimous vote through rollcall: 5/0*

#### **4:14 PM – COVID**

- Latest available data from Plymouth Department of Public Health, MA DPH and CDC.

#### **4:26 PM – Massachusetts Legislature Updates**

Dr. Reid and Dr. Potvin informed the Board members of some of the most recent legislative updates: Commission for Behavioral Health, school breakfast and SNAP programs, Universal School Nutrition Program, among others.

#### **4:34 PM – Tobacco FAQs**

Ms. Coe discussed updating the current local tobacco regulations to be in line with the State's regulations. This update would provide more concise definitions, more streamlined enforcements, and update the fine structure.

#### **5:03 PM – Board of Health Goals and Updates**

Mr. Pizarro and Ms. Donovan Palmer updated the Board members and Department of their progress on meeting the goals set forth by the Board as a whole.

#### **5:10 PM – Director's Report**

See attached

#### **5:33 PM – Adjournment**

*On a motion by David Golden and seconded by Teri Reid, the board voted to adjourn. Unanimous vote through rollcall: 5/0*