



THE TOWN OF PLYMOUTH

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**RE: Plymouth Board of Health Regulations:
FATS, OIL, & GREASE (FOG) PRETREATMENT SYSTEMS**

Please allow this letter to serve as notification that any establishments with or without grease traps connected to the sewer system must be upgraded to either a Massachusetts approved flow appropriate indoor automatic grease trap or 2000-gallon (minimum) external grease trap. The deadline for this upgrade will be December 31, 2024. The Fats, Oils, & Grease (FOG) Regulations can be found online at:

<https://www.plymouth-ma.gov/532/Rules-Regulations-Guidelines>

The purpose of the FOG Regulation is to protect residents, businesses, and the environment within the Town of Plymouth from blockages of the town's sanitary sewer system caused by FOG discharged from restaurants and food service establishments in Plymouth. All new and existing facilities that generate and discharge FOG in the wastewater flow shall install, operate, and maintain a FOG pretreatment system, as defined in the Regulation. The requirements of this Regulation shall supplement, and be in addition to, the requirements of the Town of Plymouth's Sewer Use Rules and Regulations, and the Massachusetts State Sanitary Code.

Examples of FOG are:

- Cooking oil, shortening, butter, margarine, and lard
- Meat Fats
- Food scraps
- Baked goods
- Sauces
- Dairy products

The Plymouth Public Health Department, along with the Plymouth Sewer Division and Engineering Department appreciate your cooperation throughout this process.

Thank you,
Plymouth Public Health Department

