



Coastal Landscaping Plant List

Plymouth Long Beach

The plants in this list are well suited to the rugged conditions of Plymouth Long Beach, Massachusetts. Click on the plant name to go to a link with photos and more information. Those in **boldface** and with the **plant-in-a-pot symbol** are found at nurseries more easily than the others. Links to nurseries and other sources of information are listed at the end.

1. Grasses (Dune stabilization, erosion control, seeds for birds)



[American Beachgrass](#) (*Ammophila breviligulata*)

[Big Bluestem](#) (*Andropogon gerardii*)

[Indian Grass](#) (*Sorghastrum nutans*)

[Little Bluestem](#) (*Schizachyrium scoparium*)



[Switchgrass](#) (*Panicum virgatum*)

2. Milkweeds (Caterpillar Food)



[Butterfly Weed](#) (*Asclepias tuberosa*)



[Common Milkweed](#) (*Asclepias syriaca*)

3. Goldenrods and Asters (Food for native insects)

[Eastern Showy Aster](#) (*Eurybia spectabilis*)

[Flaxleaf Aster](#) (*Ionactis linariifolia*)

[Seaside Goldenrod](#) (*Solidago sempervirens*)

[Sickle-leaved Golden Aster](#) (*Pityopsis falcata*)

[Skydrops](#) (*Symphyotrichum patens*)

[Sweet Goldenrod](#) (*Solidago odora*)

4. Ground Covers (Soil stabilization)

[Beach Heather](#) (*Hudsonia tomentosa*)



[Bearberry](#) (*Arctostaphylos uva-ursi*) Produces berries for wildlife, too

5. Other Herbaceous Plants (Soil stabilization, wildlife food)

[Beach Pea](#) (*Lathyrus japonicus*)

[Sea Lavender](#) (*Limonium carolinianum*)

[Sea Rocket](#) (*Cakile edentula*)

[Seabeach Sandwort](#) (*Honckenya peploides*)

6. Shrubs and Shrubby Trees (Produce fruits for birds, shade, windbreaks, nesting areas, erosion control)



[Arrowwood Viburnum](#) (*Viburnum dentatum*)



[Beach Plum](#) (*Prunus maritima*)



[Black Cherry](#) (*Prunus serotina*) Grows in tree form, too.



[Black Chokeberry](#) (*Aronia melanocarpa*)

[Carolina Rose](#) (*Rosa carolina*)

[Dwarf Chestnut Oak](#) (*Quercus prinoides*)



[Northern Bayberry](#) (*Myrica pensylvanica*)



[Red Chokeberry](#) (*Aronia arbutifolia*)

[Running Shadbush](#) (*Amelanchier stolonifera* or *spicata*)

[Scrub Oak](#) (*Quercus ilicifolia*)



[Sweet Fern](#) (*Comptonia peregrina*)

[Wild Raisin](#) (*Viburnum cassinoides* or *Viburnum nudum* var. *cassinoides*)

7. Vines (Provides cover for small birds & mammals & berries for birds)



[Virginia Creeper](#) (*Parthenocissus quinquefolia*)

8. Trees (Produce fruits for birds, shade, windbreaks, nesting areas, erosion control)



[Black Cherry](#) (*Prunus serotina*) Grows in shrubby form, too.



[Eastern Red Cedar](#) (*Juniperus virginiana*)



[Gray Birch](#) (*Betula populifolia*)



[Pitch Pine](#) (*Pinus rigida*)



[White Oak](#) (*Quercus alba*)

A Few Sources for Native Plants

The New England Wildflower Society's Nasami Farm and Garden in the Woods:

<http://www.newenglandwild.org/visit/native-plant-nurseries>

Cape Coastal Nursery:

<http://www.capecoastalnursery.com/>

Quansett Nurseries:

<http://www.quansettnurseries.com/>

Rhody Native Cooperators:

<http://rinhs.org/where-to-buy/>

Rhode Island Wild Plant Society Recommendations:

<http://www.riwps.org/nativeplantnurseries.htm>

For Identifying New England Native Plants

<http://gobotany.newenglandwild.org/>

For Photos of These Plants and Others

<http://www.salicicola.com/photos/plantgallery/comnames.html>



Original list from the Massachusetts Office of Coastal Zone Management

(http://www.mass.gov/czm/coastal_landscaping/list.htm). Modified by Dorie Stolley, Program Manager, Goldenrod Foundation, with expert guidance from Irina Kadis, PhD., Curatorial Assistant at the Arnold Arboretum of Harvard University. December 2012.



Plant symbol courtesy of: Tracey Saxby, Integration and Application Network, University of Maryland Center for Environmental Science (ian.umces.edu/imagelibrary/).